



PETOSKEY MIDDLE SCHOOL

Learning & Growing Together

November 2025 Edition

801 Northmen Drive

Petoskey, MI 49770

Main Line: (231) 348-2150

Attendance Line: (231) 348-2293

Upcoming Dates

October 31: End of 1st Quarter. Half Day for students and staff.

November 5: No School, Full Day Professional Development.

November 6: First Boys Basketball Game Away at Gaylord (4:00)

November 11: Veterans' Day Breakfast (7:30- 8:00)

November 12: Hot Topics Meeting (6:30, see flier)

November 13: MSPA Meeting (7:00)

November 18: Board Of Education Meeting (6:00)

November 20 and 21: Fall Show "Dare to Dream" Performance (7:00)

November 22: Fall Show "Dare to Dream" Performance (2:00)

November 21-25 : Youth in Government Trip

November 26-28: Fall Break

Keys To Success at PMS

At Petoskey Middle School, we believe in "learning and growing together." One of the biggest factors in student success is regular attendance. Our district maintains a strong 95% daily attendance rate, which supports our above-average test scores. Thank you for making attendance a priority!

Getting involved in extracurricular activities is another great way for students to succeed. We offer eight athletic teams, as well as intramural sports, and over twenty clubs, including robotics, dance team, student council, and yearbook. Students who participate tend to have higher achievement and confidence.

Parental support is also essential. Stay in touch with your child's teachers, visit our website for contact information, and make learning a priority at home. Encourage reading, set a homework routine, and take advantage of our after-school study lab available Monday through Thursday.

Together, we can help every student reach their full potential.

Resource Available for Help: Lesson Plans by Pod

In an effort to make communication more streamlined, we maintain web pages that provide easy access to pod teachers' weekly lesson plans. This will allow parents and caregivers to help their child organize their week and see upcoming projects, assessments, and the like. These teacher lesson plans are by no means set in stone, as good instruction requires flexibility in planning based on how well students are progressing in the content. These plans are designed to be supportive and informative. [They can be found on our website.](#) Click on the blue tile titled "Lesson Plans by Pod."

After School Study Lab

Our After School Study Lab is available for all students from **3:15 to 4:15 pm, Monday thru Thursday in the Media Center.** There are at least two teachers ready to help students during this time. Students attending should come prepared with their books, homework, and a pencil. Our own academic aides supervise this study lab and are ready and willing to help!



We want to remind students and parents of the OK2SAY program. If you or your child feel unsafe or are worried about the safety of someone else, please speak up by contacting OK2SAY. You can report suspicious or harmful activity anonymously by sending a text to 652729, calling 8-555-OK2SAY, or sending an email to OK2SAY@mi.gov. Tips are then shared with the appropriate agencies, who respond to keep everyone safe!

Custodial Notices

[Click here](#) more information about chemicals used in or around the building.

COMMUNICATION

ParentSquare : Our main school-to-parent communication platform. When messages are sent on ParentSquare, you will also receive an email.

Daily Announcements: Stay updated on after-school activities and important news. There is a live Canva link on our website and on ParentSquare.

Schoolology: Specific assignments and lesson plans can be found here. Students will know how best to navigate this resource.

PowerSchool: View your child's grades and class schedules. If you do not have a powerschool account please fill out [this form](#).

School Website: Find newsletters, daily announcements, calendar events, student handbook, weekly lesson plans and much more information.

Email: Teachers most preferred form of communicate is generally email. You can find staff email addresses on the PMS website under ["Our Staff."](#)

IMPORTANT INFORMATION

Attention 8th Grade Students:

If you're interested in being Ace's handler, there's a form you can fill out in the front office. You'll need two character witnesses. Please turn in completed forms to SRO Donovan by November 25th.

Reminder:

There will be no school Wednesday (November 5th) due to a Professional Development Day for staff.

Holiday Help:

If your family needs assistance during the holiday season—or would like to help others—please complete the attached form and return it to us. Directions are included on the document. Paper copies will also be sent home with 1st marking period report cards, which should go out around Monday, November 10th.

[Click here for Community Flyers](#)

IMPORTANT INFORMATION

Student Council:

Tuesday, November 11th, Student Council will host our local Veteran Families for breakfast from 7:30 -8:00. I hope our students who have Veterans in their lives will honor them by joining us at the Veterans Day Breakfast Please RSVP using this link: [RSVP Veterans Day](#)

November 17th through November 25th will be Student Council's annual Northmen Den Drive. This drive allows us to give back to friends and students who are in need so no student goes hungry. **Please consider making non-perishable donations to help keep students fed throughout the year.** More information will be shared prior to the drive.

Enrichment

Science: All students in 7th grade were able to fly drones this past month, and monthly science enrichment opportunities are up and running. Students worked with Lego Engineering kits to build break dancing robots, motorcycles, claw robotics, and vehicles. Student's creativity shines through these experiences. We look forward to our partnership this year with Char-Em STEM Consultant Brandon Beltz to bring amazing technology that we can get our hands and brains into.

Book Clubs: Over 50 students signed up for beginning of the year book clubs. Students will be meeting 1-2 times a month and working as a group to set goals in each book group, discuss their books, and create projects about their topics.

Writing Club: Students in the writing club have been busy working on their writing projects. Students have some ownership of exploring their written talent in different areas including poetry, writing, creating novels, and have opportunities to explore local writing contests.

Youth in Government: Will be holding a Middle School Spirit Wear fundraiser now until November 20th. [Please use this link to purchase.](#) These items make great holiday gifts and there are some great items for staff members as well. YIG advisors and delegates appreciate your support!

Yearbook: If you are interested in purchasing a yearbook you can do so through this [link](#). Please contact Brian Forster via email at: forster.bj.t@northmen.org with any questions.

“DARE TO DREAM JR.”

Petoskey Middle School Fall Show - "Dare to Dream Jr" Performances

PMS Auditorium - Free to all audience members-- [reserve your tickets at this link.](#)

- November 20 @7pm
- November 21 @7pm
- November 22 @2pm

Get ready for "Dare to Dream JR.!" This 60-minute musical revue brings Disney magic to life as a group of eager Imagineering trainees discover the power of dreams, teamwork, and imagination. Featuring beloved songs from The Princess and the Frog, Coco, Encanto, and Frozen II, plus exciting new medleys, this show is a delightful celebration of music, creativity, and the dreams inside us all. It's an unforgettable journey full of fun, inspiration, and heart for Disney fans of every age.

ATTENDANCE CONCERNS

If a student will be absent or tardy, **a parent or guardian must call the attendance line at 348-2293 by 9:00 a.m.** Otherwise, the absence will be considered **unexcused until we receive a phone call or a note.**

If your child is not feeling well, please include their symptoms in your voicemail so we do not need to call you back for details.

If your child has a mid-day appointment, please call the office in the morning so we can have them ready for pickup.

If your child will be absent for the day and also attends classes at Petoskey High School, please notify the office so that their high school attendance can be adjusted as well. Thank you!

For mental health resources and support, please [visit this site.](#)

PLEASE MAKE SURE THAT OUR OFFICE IS AWARE OF ANY CHANGES IN CONTACT INFORMATION. IT IS IMPORTANT THAT WE HAVE THE CORRECT CONTACT INFORMATION.

MEDICATIONS

If your student needs to take prescription or non-prescription medication during the school day, a [Medication Authorization Form](#) must be completed for each medication. The medication and form must be dropped off at the main office by an adult. A new form is required every school year.

[Click here for Community Flyers](#)

BOYS BASKETBALL

8th Grade Head Coach: Ty Slater (Assistant Coach: Dan Hasty)

Contact Info: (231) 203-1561 tslater12@gmail.com

7th Grade Head Coach: Gavin Fralick

Contact Info: (231) 348-2272 fralick.gd.t@northmen.org

PMS Boys Basketball Schedule 2025-2026

DATE	H/A	Opponent	Time
November 6th (Thursday)	Away	Gaylord	4:00
November 10th (Monday)	Away	TC West	4:30/5:30
November 13th (Thursday)	Home	Cadillac	4:00
November 17th (Monday)	Home	TC East	4:00
November 20th (Thursday)	Away	Cadillac	4:00
November 24th (Monday)	Away	Alpena	4:00
November 26th (Wednesday)	Away	Sault (1 game each grade)	4:00
December 1st (Monday)	Home	Gaylord	4:00
December 4th (Thursday)	Home	Boyne City (3 games total)	4:00
December 8th (Monday)	Home	Sault (1 game each grade)	4:00
December 10th (Wednesday)	Home	Alpena	4:00
December 16th (Tuesday)	Home	Charlevoix (3 games total)	4:00

GIRLS BASKETBALL

8th Grade Head Coach: Rick Wallace

Contact Info: wallacer@charemid.org

7th Grade Head Coach: TBD

*For standard Home Games, 8th grade will play at PMS and 7th grade will play at Central Elementary. For Home Games that say 1 game each grade or 3 games total, all games will be at PMS.

PMS Girls Basketball Schedule 2025-26

DATE	H/A	Opponent	Time
January 14th (Wednesday)	Home	TC West	4:30
January 19th (Monday)	Home	TC East	4:00
January 21st (Wednesday)	Home	Gaylord	4:00
January 26th (Monday)	Away	Cadillac	4:00
January 29th (Thursday)	Home	Alpena	4:00
February 3rd (Tuesday)	Away	Sault (1 game each grade)	4:00
February 4th (Wednesday)	Away	Gaylord	4:00
February 9th (Monday)	Home	Cadillac	4:00
February 11th (Wednesday)	Away	Alpena	4:00
February 12th (Thursday)	Away	Boyne City (3 games total)	4:00
February 18th (Wednesday)	Home	Sault (1 game each grade)	4:00
February 19th (Thursday)	Home	Harbor Springs (3 games total)	4:00

There will be a sign-up meeting with the coaches on Wednesday, November 12th, during homeroom, in the cafeteria.

[Click here for Community Flyers](#)

WRESTLING

Head Coach: Ryan Dunkel

Contact Info: (231) 203-3429 ryandunkel87@gmail.com

PMS Wrestling Schedule 2025-26

DATE	H/A	Opponent	Time
January 10th (Saturday)	Away	Dundee Tournament	9:00 a.m.
January 19th (Monday)	Away	Cadillac & Kingsley	5:30 p.m.
January 22nd (Thursday)	Away	Gaylord	4:00 p.m.
February 3rd (Tuesday)	Home	TC West & TC East	4:00 p.m.
February 5th (Thursday)	Home	Gaylord & Boyne City	4:00 p.m.
February 10th (Tuesday)	Home	Cadillac	4:00 p.m.
February 19th (Thursday)	Away	Gaylord Quad	4:00 p.m.
February 21st (Saturday)	Away	Mancelona Tournament	9:00 a.m.
February 26th (Thursday)	Away	TC West & TC East	4:00 p.m.
March 7th (Saturday)	Away	TC Tournament	9:00 a.m.

MHSAA SPORTS PHYSICAL FORMS

Only MHSAA sports physical forms will be accepted at middle/high school athletic departments. Forms are available on the MHSAA website, and our offices have cardstock forms available. The submitted form must be the original form with the doctor's signature. You can obtain these cards in your middle/high school office. Remember, sports physical for the 2025-26 school year must be completed no earlier than April 15, 2025. For the most up-to-date information, please visit the [middle school athletics website](#). Please read the daily student announcements for sign-up information for the upcoming seasons.



[Click here for Community Flyers](#)

DROP OFF/ PICK UP PROCEDURES

The parent drop off and pick up procedure is an extremely important process that everyone must abide by. There has been an article in this newsletter for the past several months explaining the procedure, but it is important to review for the safety of all of our children. Parents should drop off and pick up students on the right side of the loop. The left side should be used for moving forward and is a no parking area. If you need to park for an extended time, please use the parking lot. It is also important to not obstruct Northmen Drive. Please see the picture below. The school parking lot is usually extremely busy and congested before and after school, and it will likely be an even greater challenge this year. To help maintain safety and traffic flow, we ask that you use the parent loop and parking lot accordingly. Also, remember that there is an alternate drop off location on the PHS side of Northmen Drive. Students dropped off there can walk to the Middle School through the tunnel. No vehicles other than school buses are allowed in the bus loop. We appreciate your help in keeping our students safe. Also, please do not block Handicap parking spaces!



The District will not discriminate against any person based on race, color, national origin, ethnicity, religion, sex (including pregnancy, gender identity, and sexual orientation), height, weight, marital status, age, disability, genetic information, veteran status, military service, or any other legally protected class. The Board reaffirms its long-standing policy of compliance with all applicable federal and state laws and regulations prohibiting discrimination.

***Civil Rights & Title IX Coordinator, Becky Smith, Director
of Teaching and Learning***

***Spitler Administration Building, 1130 Howard Street,
Petoskey, MI 49770 231-348-2352,
TitleIXCoordinator@northmen.org***

[Click here for Community Flyers](#)



You Are Invited

To Petoskey Middle School's

Veterans' Day Breakfast

Petoskey Middle School Cafeteria

Tuesday, November 11th, 2025

7:30 to 8:00 am

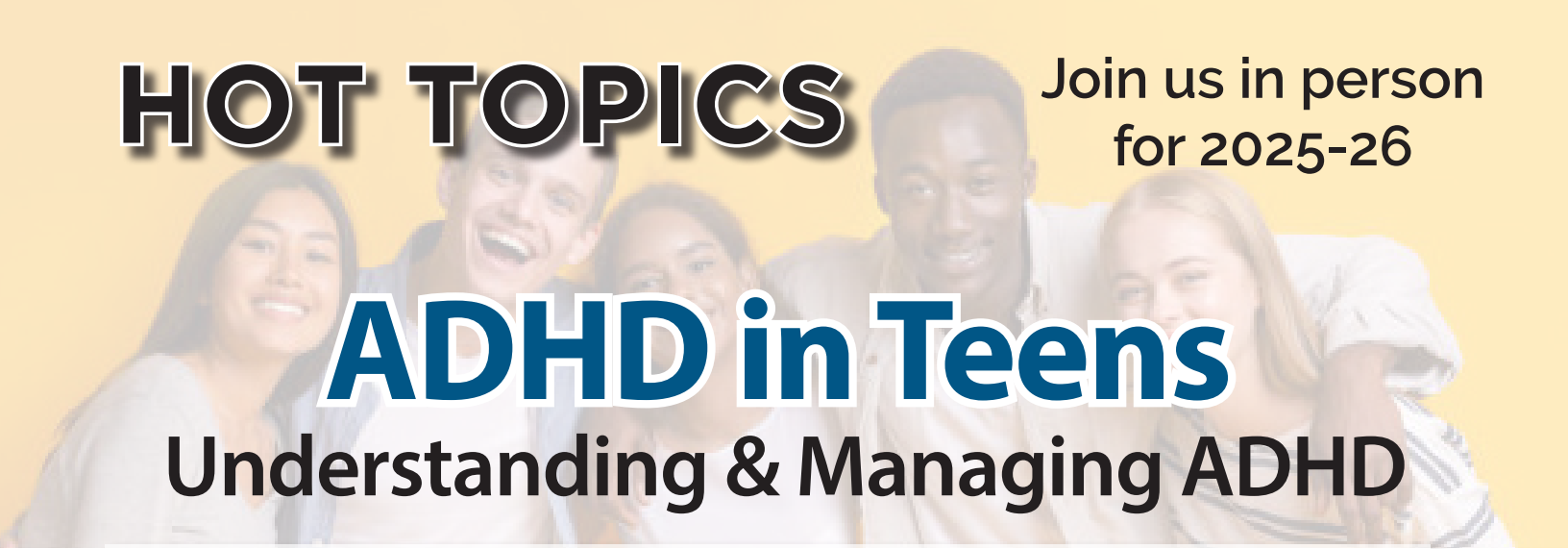
We want to provide breakfast for you and your student
as a thank you for your service to our country.



Scan or



[_RSVP at this Link](#)



HOT TOPICS

Join us in person
for 2025-26

ADHD in Teens

Understanding & Managing ADHD

Helping parents and caregivers of teens connect!

Learn strategies for helping your teen succeed through the challenges of ADHD, the most common childhood neurological disorder which often causes serious problems at school and at home. ADHD is known to cause problems with focus, planning, and other executive functioning skills. ADHD is often described as an iceberg, where other problems like depression, anxiety, and defiance are hiding under the surface. The effects of this disorder can profoundly influence life at home for all family members, making the already stressful teen years even more challenging.

Join us for an evening to learn more about ADHD, including strategies for how to help your teen and family better manage ADHD symptoms.

Wednesday, Nov. 12, 2025 ■ 6:30–8 p.m.

PRESENTERS:

Rebekah Pedersen, LPC, Behavioral Health Therapist,
Alcona Health Center, Petoskey High School

and

Christine Carpenter, LMSW Health Department
of Northwest Michigan

LOCATION:

Petoskey Middle School Media Center

Open to parents, caregivers & community.

On-site child care provided from 6:30–8 p.m. If transportation is a barrier, contact Christine at (231) 347-5362. Please RSVP also if child care is needed.

Presented by Petoskey Public Schools, Emmet County Probate and Family Court, Alcona Health Center, and the Health Department of Northwest Michigan. Questions? Call (231) 347-5362.



Dear Parents and Caregivers,

As our community is beginning to think of the holiday season, various organizations, individuals and families will be inquiring about helping others. If you are interested in helping a family in need this holiday season, please complete the form at the *bottom* of this page and turn it in to the Counseling Center by Tuesday, November 25th.

If you are interested in accepting support for your children during the holidays such as food, clothing, and gifts, please return this completed form to the middle school office no later than Tuesday, November 25th.

- ❖ Due to limited resources, we will only be helping families who are not receiving support from other community organizations.
- ❖ By returning this form, you give the school permission to release your name, address, and phone number to organizations, families, or individuals who request it for the purpose of supporting your family during the holidays.
- ❖ You will receive a phone call or email to verify that we have received your request for assistance.
- ❖ You will receive another phone call when the items are ready, please do not come for the items until you have received a phone call. Items can be picked up at the middle school main office.

If you have any questions, please contact Mrs. Kelley, kelley.aj.t@northmen.org or (231) 348-2290.

Thank you,
PMS Counseling Team

To help support a family this holiday season, please return the bottom portion of this page



Please complete this form if you would like to help a family this holiday season.

Name _____ Phone _____

Address _____

Email address _____

- ☐ I am interested in sponsoring a family for the holidays. Typically, this includes purchasing items for children in the family, wrapping the items, and bringing them to the middle school by Friday, December 12th.
- ☐ I am interested in teaming with another sponsor to help a family.
- ☐ I am interested in donating Gordon's gift cards for food.

Please complete this side of the form, if you would like to accept holiday help this season.

Name _____ Phone _____

Address _____

Email address _____

Please list the names, ages and clothing/shoe sizes of the school aged children in your family. Note any particular need your family may have this holiday season.

Name of child	Boy	Girl	Age	Shirt Size	Pant Size	Shoe Size	Gift idea(s)

Comments to help someone better understand your needs:





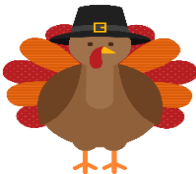
November is designated as Native American
Heritage Month.
Students will be able to enjoy Native American cuisine.
Sweet Potato & Black Bean Chili - Nov. 7th
Chicken & Corn Stew w/ Peppers - Nov. 14th
Tomato Basil Pasta Salad - Nov. 21st
Roasted Pork w/ Pineapple Rice - Nov. 25th

* See page 4 for more information on Native American Heritage.



Petoskey Middle School Lunch Menu 6th - 8th November 2025

A full student lunch includes a choice of entrée supplying protein and/or grain, (2) two vegetable side dishes & (2) two fruit side dishes & choice of milk.
Milk Choice include: 1% Low-Fat White, 1% Low-Fat Chocolate & Skim White.

Monday	Tuesday	Wednesday	Thursday	Friday
November 3rd	4	5	6	7
Hot Dog Bar Beef Hot Dog on WG Bun Cheese Sauce, Chili Dog Sauce Diced Onions Oven Baked Crinkle Fries	Toasted Meatball on WG Sub Provolone Cheese Slice Marinara Sauce, Sauteed Peppers & Onions Parmesan Cheese, Shredded Mozzarella Cheese Homemade Italian Pasta Salad Oven Baked Spiral Fries	No School!	Chicken Fajitas on WG Tortilla Shell WG Tortilla Chips Shredded Cheese, Guacamole Sour Cream & Salsa & Black Bean & Corn Salad Vegetarian Refried Beans	Sweet Potato Black Bean Chili WG Cornbread Coveyou Seasoned Kernel Corn Cherry, Blue Raspberry Sorbet
10	11	12	13	14
WG Waffles w/ Syrup Berries & Whipped Topping Scrambled Eggs Turkey Sausage Patty Herb Roasted Diced Potatoes	WG Tangerine Chicken w/ Orange Sauce WG Vegetable Fried Rice WG Dinner Roll & WF Fortune Cookie Herb Roasted Broccoli	Northmen's Famous Roasted Turkey Lunch Turkey Gravy Mashed Potatoes WG Biscuit w/ Margarine Seasoned Green Beans	Nacho Meat WG Tortilla Chips Cheese Sauce, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Vegetarian Refried Beans	Chicken & Corn Stew w/ Peppers Toppings: Shredded Cheese & Bacon Crumbles WG Garlic Bread Coveyou Seasoned Kernel Corn
17	18	19	20	21
Italian Marinated Chicken Breast Vegetable Dumplings WG Dinner Roll w/ Margarine Seasoned Coveyou Kernel Corn	BBQ Pork Riblet Scalloped Potatoes WG Soft Pretzel Stick Seasoned Carrots	Chicken Alfredo w/ Spaghetti Pasta Grated Parmesan Cheese WG Garlic Toast Herb Roasted Broccoli	Pork Carnitas on WG Tortilla Shell Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa & Black Bean & Corn Salad Vegetarian Refried Beans	WG Boneless Chicken Wings Plain, BBQ or Hot Sauce WG Biscuit w/ Jelly Tomato Basil Pasta Salad Oven Baked Shoestring Fries
24	25	26	27	28
Teriyaki Beef w/ Brown Rice Soy Sauce (on the side) WG Vegetable Egg Roll WG Fortune Cookie Seasoned Herb Roasted Broccoli Broccoli, Peppers, Onions & Carrots	Roasted Pork Pineapple Rice WG Cornbread Crunchy Asian Salad Herb Roasted Brussel Sprouts			
December 1st	2	3	4	5
Beef or Chicken Gyro on WG Flatbread Tzatziki Sauce Diced Tomatoes, Cucumbers, Onions Shredded Lettuce, Feta Cheese Oven Baked Curley Fries	Cajun Roasted Pork Loin Sweet Potatoes- Sweet & Spicy Caramelized w/ Bacon & Sauteed Onions & Chives WG Cornbread Seasoned Green Beans	Chicken Parmesan Spaghetti Pasta w/ Spaghetti Sauce Shredded Mozzarella Cheese & Parmesan Cheese WG Garlic Toast Broccoli	Soft Shell Tacos Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Vegetarian Refried Beans	Grilled Chicken Over a Bed of Ratatouille WG Breadstick Peach Crisp

This institution is an equal opportunity provider.



Tractor Icon Represents Farm to School Product.



DAILY Grilled ALTERNATES

WG Chicken Patty on WG Bun WG Mozzarella Sticks w/ Marinara Sauce Vegetable Side: Oven Baked Seasoned Shoestring Fries	Bacon Cheeseburger on WG Bun WG Chicken Corn Dog Vegetable Side: Oven Baked Spiral Fries	Roast Beef w/ Cheddar Cheese Sauce on WG Grilled Chicken on WG Bun Vegetable Side: Oven Baked Crinkle Fries	WG Spicy Chicken on WG Bun Hot Turkey, Ham & Cheese Croissant Vegetable Side: Oven Baked Smile Fries	WG Bosco Sticks w/ Marinara Sauce Cheeseburger on WG Bun Vegetable Side: Oven Baked Seasoned Waffle Fries
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DAILY Homemade WG Pizza ALTERNATES

Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG Meat Lover's Pizza	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade Supreme Pizza w/ Sausage, Peppers, & Onions	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Mozz. Cheese Filled WG Pizza Crunchers w/ Marinara	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG Bacon Pizza	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG BBQ Chicken Pizza
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DAILY On-The-Go ALTERNATES

<u>Chef Salad</u> Turkey, Ham, Shredded Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll	<u>Chicken Caesar Salad</u> Diced Chicken, Grated Parmesan Cheese, Veggies & Croutons & WW Dinner Roll	<u>Turkey Bacon Salad</u> Turkey, Bacon, Shredded Cheese, Veggies & Croutons & WW Dinner Roll	<u>Chicken Summer Salad</u> Grilled Chicken, Strawberry, Mandarin Oranges, Poppy Seed Dressing Lo Mein Noodles & WW Dinner Roll	<u>Chef Salad</u> Turkey, Ham, Shredded Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll
<u>Turkey BLT Wrap</u> Turkey, Bacon, Colby Jack, Lettuce & Tomato	<u>Turkey & Ham Wrap</u> Turkey, Ham, American Cheese & Lettuce	<u>Spicy Italian Wrap</u> Ham, Salami, Pepperoni Provolone & Lettuce	<u>Grilled Cheese Pepperoni Sandwich</u> Pepp., Chz., Sauce	<u>Chicken & Bacon Wrap</u> Chicken, Bacon, Cheddar Cheese & Lettuce
<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll

DAILY FRUITS AND VEGETABLES - - - Farm Fresh when in Season

Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens
Fresh Carrots	Fresh Broccoli	Hummus	Power Peas	Fresh Carrots
Fresh Green & Red Pepper Strips	Fresh Cauliflower	Fresh Cherry Tomato	Fresh Green & Red Pepper Strips	Fresh Celery
Fresh Squash & Zucchini	Fresh Snap Peas	Fresh Green Beans	Fresh Broccoli	Fresh Green & Red Cabbage
Fresh Watermelon Radish	Fresh Cucumber	Fresh Celery	Fresh Cucumber	Fresh Cherry Tomatoes
Chilled Mandarin Oranges & Pineapple	Chilled Peaches	Chilled Applesauce	Chilled Pears	Chilled Mixed Fruit
Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit

This institution is an equal opportunity provider.

Petoskey Middle School Breakfast Menu

6th - 8th

November 2025

A full student breakfast includes a choice of entrée supplying grain & protein, two (2) 1/2 cup side dishes & choice of milk.
Milk choices include 1% Low Fat White or 1% Low Fat Chocolate or Skim White.

November 3rd	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Mini WG French Toast w/ Chocolate Chips OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Yogurt Banana Split w/ Granola OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	No School!	WG Biscuit & Gravy OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Ham & Cheese Quesadilla OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
10	11	12	13	14
WG Bagel Filled w/ Strawberry Cream Cheese OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
17	18	19	20	21
WG Apple Filled Frudel OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Ham & Egg Casserole OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Mini Confetti WG Pancakes OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade WG French Toast Casserole OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Sausage Gravy Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
24	25	26	27	28
Mini WG French Toast w/ Chocolate Chips OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Yogurt Banana Split w/ Granola OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk			
December 1st	2	3	4	5
WG Bagel Filled w/ Strawberry Cream Cheese OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
DAILY ALTERNATES				
REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar
This institution is an equal opportunity provider.				

November is Native American Heritage Month

In 1990, President George H.W. Bush officially designated November as National American Indian Heritage Month following a joint resolution by Congress. November was chosen due to its alignment with the traditional time for harvest and celebration in Native communities and it has since expanded to include Native Hawaiians and Alaskan Natives.

Native American Heritage Month is a time to honor Native American culture, traditions, languages, achievements, resilience and stories of Native American communities and ensure their rich histories and contributions, to the world, thrive with each passing generation.

Native American Heritage Month is also a time for us to acknowledge the struggles Native American's had in the past and the struggles they still face today.

Educational topics include tribal sovereignty, pride, empowerment and the impacts of failed policies such as the history of federal boarding schools.

Together, we can weave the past, present and future of Native American Heritage.

Important Update: School Meals Program

The Public Schools of Petoskey is committed to preparing and offering farm fresh (when in season) and homemade and healthy meals to all students.

Through June 2026, the Public Schools of Petoskey is utilizing the *Michigan School Meals* program, which provides 1 (one) free breakfast and lunch meal to all PUBLIC SCHOOL students.

Household Education & Nutrition Benefits Form (formerly the Free & Reduced Application)

Please take a moment to complete the 100% confidential Household Education & Nutrition Benefits Form online at: <https://petoskey.familyportal.cloud> or scan the QR code below to complete the Household Education & Nutrition Benefits Form.

ONE (1) form per household.

Click, "Apply for Benefits" and complete the information.

