



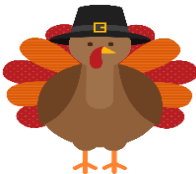
November is designated as Native American
Heritage Month.
Students will be able to enjoy Native American cuisine.
Sweet Potato & Black Bean Chili - Nov. 7th
Chicken & Corn Stew w/ Peppers - Nov. 14th
Tomato Basil Pasta Salad - Nov. 21st
Roasted Pork w/ Pineapple Rice - Nov. 25th

* See page 4 for more information on Native American Heritage.



Petoskey Middle School Lunch Menu 6th - 8th November 2025

A full student lunch includes a choice of entrée supplying protein and/or grain, (2) two vegetable side dishes & (2) two fruit side dishes & choice of milk.
Milk Choice include: 1% Low-Fat White, 1% Low-Fat Chocolate & Skim White.

Monday	Tuesday	Wednesday	Thursday	Friday
November 3rd	4	5	6	7
Hot Dog Bar Beef Hot Dog on WG Bun Cheese Sauce, Chili Dog Sauce Diced Onions Oven Baked Crinkle Fries	Toasted Meatball on WG Sub Provolone Cheese Slice Marinara Sauce, Sauteed Peppers & Onions Parmesan Cheese, Shredded Mozzarella Cheese Homemade Italian Pasta Salad Oven Baked Spiral Fries	No School!	Chicken Fajitas on WG Tortilla Shell WG Tortilla Chips Shredded Cheese, Guacamole Sour Cream & Salsa & Black Bean & Corn Salad Vegetarian Refried Beans	Sweet Potato Black Bean Chili WG Cornbread Coveyou Seasoned Kernel Corn Cherry, Blue Raspberry Sorbet
10	11	12	13	14
WG Waffles w/ Syrup Berries & Whipped Topping Scrambled Eggs Turkey Sausage Patty Herb Roasted Diced Potatoes	WG Tangerine Chicken w/ Orange Sauce WG Vegetable Fried Rice WG Dinner Roll & WF Fortune Cookie Herb Roasted Broccoli	Northmen's Famous Roasted Turkey Lunch Turkey Gravy Mashed Potatoes WG Biscuit w/ Margarine Seasoned Green Beans	Nacho Meat WG Tortilla Chips Cheese Sauce, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Vegetarian Refried Beans	Chicken & Corn Stew w/ Peppers Toppings: Shredded Cheese & Bacon Crumbles WG Garlic Bread Coveyou Seasoned Kernel Corn
17	18	19	20	21
Italian Marinated Chicken Breast Vegetable Dumplings WG Dinner Roll w/ Margarine Seasoned Coveyou Kernel Corn	BBQ Pork Riblet Scalloped Potatoes WG Soft Pretzel Stick Seasoned Carrots	Chicken Alfredo w/ Spaghetti Pasta Grated Parmesan Cheese WG Garlic Toast Herb Roasted Broccoli	Pork Carnitas on WG Tortilla Shell Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa & Black Bean & Corn Salad Vegetarian Refried Beans	WG Boneless Chicken Wings Plain, BBQ or Hot Sauce WG Biscuit w/ Jelly Tomato Basil Pasta Salad Oven Baked Shoestring Fries
24	25	26	27	28
Teriyaki Beef w/ Brown Rice Soy Sauce (on the side) WG Vegetable Egg Roll WG Fortune Cookie Seasoned Herb Roasted Broccoli Broccoli, Peppers, Onions & Carrots	Roasted Pork Pineapple Rice WG Cornbread Crunchy Asian Salad Herb Roasted Brussel Sprouts			
December 1st	2	3	4	5
Beef or Chicken Gyro on WG Flatbread Tzatziki Sauce Diced Tomatoes, Cucumbers, Onions Shredded Lettuce, Feta Cheese Oven Baked Curley Fries	Cajun Roasted Pork Loin Sweet Potatoes- Sweet & Spicy Caramelized w/ Bacon & Sauteed Onions & Chives WG Cornbread Seasoned Green Beans	Chicken Parmesan Spaghetti Pasta w/ Spaghetti Sauce Shredded Mozzarella Cheese & Parmesan Cheese WG Garlic Toast Broccoli	Soft Shell Tacos Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Vegetarian Refried Beans	Grilled Chicken Over a Bed of Ratatouille WG Breadstick Peach Crisp

This institution is an equal opportunity provider.



Tractor Icon Represents Farm to School Product.



DAILY Grilled ALTERNATES

WG Chicken Patty on WG Bun WG Mozzarella Sticks w/ Marinara Sauce Vegetable Side: Oven Baked Seasoned Shoestring Fries	Bacon Cheeseburger on WG Bun WG Chicken Corn Dog Vegetable Side: Oven Baked Spiral Fries	Roast Beef w/ Cheddar Cheese Sauce on WG Grilled Chicken on WG Bun Vegetable Side: Oven Baked Crinkle Fries	WG Spicy Chicken on WG Bun Hot Turkey, Ham & Cheese Croissant Vegetable Side: Oven Baked Smile Fries	WG Bosco Sticks w/ Marinara Sauce Cheeseburger on WG Bun Vegetable Side: Oven Baked Seasoned Waffle Fries
--	--	---	--	---

DAILY Homemade WG Pizza ALTERNATES

Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG Meat Lover's Pizza	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade Supreme Pizza w/ Sausage, Peppers, & Onions	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Mozz. Cheese Filled WG Pizza Crunchers w/ Marinara	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG Bacon Pizza	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG BBQ Chicken Pizza
--	--	--	---	---

DAILY On-The-Go ALTERNATES

<u>Chef Salad</u> Turkey, Ham, Shredded Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll	<u>Chicken Caesar Salad</u> Diced Chicken, Grated Parmesan Cheese, Veggies & Croutons & WW Dinner Roll	<u>Turkey Bacon Salad</u> Turkey, Bacon, Shredded Cheese, Veggies & Croutons & WW Dinner Roll	<u>Chicken Summer Salad</u> Grilled Chicken, Strawberry, Mandarin Oranges, Poppy Seed Dressing Lo Mein Noodles & WW Dinner Roll	<u>Chef Salad</u> Turkey, Ham, Shredded Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll
<u>Turkey BLT Wrap</u> Turkey, Bacon, Colby Jack, Lettuce & Tomato	<u>Turkey & Ham Wrap</u> Turkey, Ham, American Cheese & Lettuce	<u>Spicy Italian Wrap</u> Ham, Salami, Pepperoni Provolone & Lettuce	<u>Grilled Cheese Pepperoni Sandwich</u> Pepp., Chz., Sauce	<u>Chicken & Bacon Wrap</u> Chicken, Bacon, Cheddar Cheese & Lettuce
<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll

DAILY FRUITS AND VEGETABLES - - - Farm Fresh when in Season

Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens
Fresh Carrots	Fresh Broccoli	Hummus	Power Peas	Fresh Carrots
Fresh Green & Red Pepper Strips	Fresh Cauliflower	Fresh Cherry Tomato	Fresh Green & Red Pepper Strips	Fresh Celery
Fresh Squash & Zucchini	Fresh Snap Peas	Fresh Green Beans	Fresh Broccoli	Fresh Green & Red Cabbage
Fresh Watermelon Radish	Fresh Cucumber	Fresh Celery	Fresh Cucumber	Fresh Cherry Tomatoes
Chilled Mandarin Oranges & Pineapple	Chilled Peaches	Chilled Applesauce	Chilled Pears	Chilled Mixed Fruit
Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit

This institution is an equal opportunity provider.

Petoskey Middle School Breakfast Menu

6th - 8th

November 2025

A full student breakfast includes a choice of entrée supplying grain & protein, two (2) 1/2 cup side dishes & choice of milk.
Milk choices include 1% Low Fat White or 1% Low Fat Chocolate or Skim White.

November 3rd	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Mini WG French Toast w/ Chocolate Chips OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Yogurt Banana Split w/ Granola OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	No School!	WG Biscuit & Gravy OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Ham & Cheese Quesadilla OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
10	11	12	13	14
WG Bagel Filled w/ Strawberry Cream Cheese OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
17	18	19	20	21
WG Apple Filled Frudel OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Ham & Egg Casserole OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Mini Confetti WG Pancakes OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade WG French Toast Casserole OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Sausage Gravy Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
24	25	26	27	28
Mini WG French Toast w/ Chocolate Chips OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Yogurt Banana Split w/ Granola OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk			
December 1st	2	3	4	5
WG Bagel Filled w/ Strawberry Cream Cheese OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
DAILY ALTERNATES				
REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar
This institution is an equal opportunity provider.				

November is Native American Heritage Month

In 1990, President George H.W. Bush officially designated November as National American Indian Heritage Month following a joint resolution by Congress. November was chosen due to its alignment with the traditional time for harvest and celebration in Native communities and it has since expanded to include Native Hawaiians and Alaskan Natives.

Native American Heritage Month is a time to honor Native American culture, traditions, languages, achievements, resilience and stories of Native American communities and ensure their rich histories and contributions, to the world, thrive with each passing generation.

Native American Heritage Month is also a time for us to acknowledge the struggles Native American's had in the past and the struggles they still face today.

Educational topics include tribal sovereignty, pride, empowerment and the impacts of failed policies such as the history of federal boarding schools.

Together, we can weave the past, present and future of Native American Heritage.

Important Update: School Meals Program

The Public Schools of Petoskey is committed to preparing and offering farm fresh (when in season) and homemade and healthy meals to all students.

Through June 2026, the Public Schools of Petoskey is utilizing the *Michigan School Meals* program, which provides 1 (one) free breakfast and lunch meal to all PUBLIC SCHOOL students.

Household Education & Nutrition Benefits Form (formerly the Free & Reduced Application)

Please take a moment to complete the 100% confidential Household Education & Nutrition Benefits Form online at: <https://petoskey.familyportal.cloud> or scan the QR code below to complete the Household Education & Nutrition Benefits Form.

ONE (1) form per household.

Click, "Apply for Benefits" and complete the information.

