

Petoskey Middle School Lunch Menu
6th - 8th
February 2026



February is designated as Columbian Exchange month.
 Students will be able to enjoy Columbian Exchange cuisine.

Feb. 11th- Classic Columbian Exchange Cucumber Salad
 Feb. 17th- Jamaican Chicken Bowl
 Feb. 27th- Dominican Moro de Habichuelas
 Mar. 3rd- Trinidadian Chicken Pelau



**HAPPY
 VALENTINE'S
 DAY**



A full student lunch includes a choice of entrée supplying protein and/or grain, (2) two vegetable side dishes & (2) two fruit side dishes & choice of milk.
 Milk Choice include: 1% Low-Fat White, 1% Low-Fat Chocolate & Skim White.

Monday	Tuesday	Wednesday	Thursday	Friday
February 2nd	3	4	5	6
Italian Marinated Chicken Breast Vegetable Dumplings WG Breadstick Seasoned Coveyou Kernel Corn	BBQ Pork Riblet Scalloped Potatoes WG Soft Pretzel Stick Seasoned Carrots	Chicken Alfredo w/ Spaghetti Pasta Grated Parmesan Cheese WG Garlic Toast Herb Roasted Broccoli	Pork Carnitas on WG Tortilla Shell Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa & Black Bean & Corn Salad Refried Beans	WG Boneless Chicken Wings Plain, BBQ or Hot Sauce WG Dinner Roll Oven Baked Spiral Fries
9	10	11	12	13
WG Pancakes w/ Syrup Scrambled Eggs Turkey Sausage Patty Tater Tots	Teriyaki Beef w/ Brown Rice Soy Sauce (on the side) WG Vegetable Egg Roll WG Fortune Cookie Seasoned Herb Roasted Coveyou Broccoli, Peppers, Onions & Carrots	Northmen WG Popcorn Chicken Bowl Mashed Potatoes & Gravy WG Dinner Roll w/ Jelly Coveyou Seasoned Corn Classic Columbian Exchange Cucumber Salad	Walking Tacos Taco Meat Naco Doritos, Reduced Fat Shredded Cheese, Guacamole Sour Cream & Salsa & Black Bean & Corn Salad Refried Beans	No School!
16	17	18	19	20
No School!	Jamaican Chicken Bowl Brown Rice w/ Cabbage, Carrots & Pineapple WG Ciabatta Bread w/ Margarine Seasoned Coveyou Kernel Corn	Chicken Parmesan Spaghetti Pasta Spaghetti Sauce WG Garlic Toast Herb Roasted Broccoli Ash Wednesday- WG Fish Patty on WG Bun	Soft Shell Tacos Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Refried Beans	Beef or Chicken GYRO on WG Flatbread Tzatziki Sauce Diced Tomatoes, Cucumbers, Onions Shredded Lettuce, Feta Cheese Oven Baked Curley Fries Lent- WG Fish Sticks w/ WG Dinner Roll
23	24	25	26	27
Ham & Colby Omelet WG Biscuit w/ Sausage Gravy Sauteed Onions & Peppers Salsa WG Tater Tots	Japanese Cherry Blossom Chicken Yakisoba Noodles WG Breadstick Herb Roasted Broccoli	Homemade Meatloaf Mashed Potatoes w/ Gravy WG Pretzel Rod Seasoned Coveyou Kernel Corn	Nacho Meat WG Tortilla Chips Cheese Sauce, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Refried beans	Glazed Chicken Drumstick Dipping Sauce Dominican Moro de Habichuelas Rice (Beans & Rice) WG Dinner Roll Herb Roasted Green Beans Lent- WG Fish Patty on WG Bun
March 2nd	3	4	5	6
Cheeseburger on WG Bun Tomato, Lettuce, Onion Potato Salad Oven Baked Seasoned Smile Fries	Trinidadian Chicken Pelau Grilled Chicken Breast Over a Bed of Savory & Spicy Rice WG Garlic Toast Seasoned Green Beans	Philly Cheese Steak on WG Sub Bun Shredded Mozzarella Cheese Sauteed Peppers & Onions Oven Baked Sweet Potato Fries	Beef & Bean Wet Burrito WG Covered in Enchilada Sauce & Shredded Cheese Diced Tomatoes & Onions, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Refried Beans	Sloppy Joe on WW Bun Shredded Cheddar Cheese Potato Salad Oven Baked Spiral Fries Ash Wednesday- WG Fish Patty on WG Bun

This institution is an equal opportunity provider.



Tractor Icon Represents Farm to School Product.



DAILY Grilled ALTERNATES

WG Chicken Patty on WG Bun WG Mozzarella Sticks w/ Marinara Sauce Vegetable Side: Oven Baked Seasoned Shoestring Fries	Bacon Cheeseburger on WG Bun WG Chicken Corn Dog Vegetable Side: Oven Baked Spiral Fries	Roast Beef w/ Cheddar Cheese Sauce on WG Grilled Chicken on WG Bun Vegetable Side: Oven Baked Crinkle Fries	WG Spicy Chicken on WG Bun Hot Turkey, Ham & Cheese Croissant Vegetable Side: Oven Baked Smile Fries	WG Bosco Sticks w/ Marinara Sauce Cheeseburger on WG Bun Vegetable Side: Oven Baked Seasoned Waffle Fries
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DAILY Homemade WG Pizza ALTERNATES

Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG Meat Lover's Pizza	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade Supreme Pizza w/ Sausage, Peppers, & Onions	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Mozz. Cheese Filled WG Pizza Crunchers w/ Marinara	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG Bacon Pizza	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza Homemade WG Ham Pizza
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DAILY On-The-Go ALTERNATES

<u>Chef Salad</u> Turkey, Ham, Shredded Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll	<u>Turkey Bacon Salad</u> Turkey, Bacon, Shredded Cheese, Veggies & Croutons & WW Dinner Roll	<u>Chef Salad</u> Turkey, Ham, Shredded Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll	<u>Turkey Bacon Salad</u> Turkey, Bacon, Shredded Cheese, Veggies & Croutons & WW Dinner Roll	<u>Chef Salad</u> Turkey, Ham, Shredded Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll
<u>Turkey BLT Wrap</u> Turkey, Bacon, Colby Jack, Lettuce & Tomato	<u>Turkey & Ham Wrap</u> Turkey, Ham, American Cheese & Lettuce	<u>Spicy Italian Wrap</u> Ham, Salami, Pepperoni Provolone & Lettuce	<u>Ham & Bacon Wrap</u> Ham, Bacon, Swiss & Lettuce	<u>Chicken & Bacon Wrap</u> Chicken, Bacon, Cheddar Cheese & Lettuce
<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll	<u>Berry Yogurt Parfait</u> w/ Granola & WG Dinner Roll

DAILY FRUITS AND VEGETABLES - - - Farm Fresh when in Season

Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens
Fresh Carrots	Fresh Broccoli	Hummus	Power Peas	Fresh Carrots
Fresh Green & Red Pepper Strips	Fresh Cauliflower	Fresh Cherry Tomato	Fresh Green & Red Pepper Strips	Fresh Celery
Fresh Squash & Zucchini	Fresh Snap Peas	Fresh Green Beans	Fresh Broccoli	Fresh Green & Red Cabbage
Fresh Watermelon Radish	Fresh Cucumber	Fresh Celery	Fresh Cucumber	Fresh Cherry Tomatoes
Chilled Mandarin Oranges & Pineapple	Chilled Peaches	Chilled Applesauce	Chilled Pears	Chilled Mixed Fruit
Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit

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Petoskey Middle School Breakfast Menu 6th - 8th January 2026				
A full student breakfast includes a choice of entrée supplying grain & protein, two (2) 1/2 cup side dishes & choice of milk. Milk choices include 1% Low Fat White or 1% Low Fat Chocolate or Skim White.				
February 2nd	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
WG Bagel Filled w/ Strawberry Cream Cheese OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
9	10	11	12	13
Mini WG French Toast w/ Chocolate Chips OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Yogurt Banana Split w/ Granola OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Chocolate Croissant OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Biscuit & Gravy OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	No School!
16	17	18	19	20
No School!	Homemade Ham & Egg Casserole OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Mini Confetti WG Pancakes OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade WG French Toast Casserole OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Sausage Gravy Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
23	24	25	26	27
WG Bagel Filled w/ Strawberry Cream Cheese OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick OR Egg Sausage & Cheese on WG Biscuit Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese OR Egg Sausage & Cheese on WG English Muffin 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza OR Egg Sausage & Cheese on WG Bagel Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
March 2nd	3	4	5	6
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DAILY ALTERNATES				
REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar
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February is designated as Columbian Exchange Month.

The Columbian Exchange is the name given to the period after Christopher Columbus discovered America in 1492.

During this period, people from Africa, Asia, Europe and the Americans began exchanging many goods such as plants, animals and food.

The Americans exchanged tomatoes, potatoes, cocoa, corn, beans, vanilla, squash, pineapple, pumpkins & peppers.

Africa, Asia and Europe exchanged grapes, onions, turnips, bananas, olives, pears, coffee beans, citrus fruits & animals.

This exchange changed people's lives and made the world more diverse and interconnected.

Important Update: School Meals Program

The Public Schools of Petoskey is committed to preparing and offering farm fresh (when in season) and homemade and healthy meals to all students.

Through June 2026, the Public Schools of Petoskey is utilizing the *Michigan School Meals* program, which provides 1 (one) free breakfast and lunch meal to all PUBLIC SCHOOL students.

Household Education & Nutrition Benefits Form (formerly the Free & Reduced Application)

Please take a moment to complete the 100% confidential Household Education & Nutrition Benefits Form online at: <https://petoskey.familyportal.cloud> or scan the QR code below to complete the Household Education & Nutrition Benefits Form.

ONE (1) form per household.

Click, "Apply for Benefits" and complete the information.

