





December is designated as  
Latin American Month.  
 Students will be able to enjoy Latin American cuisine.  
 Gallo Pinto Rice (Costa Rican Black Bean & Rice) - Dec. 5th  
 Picadillo Tacos (Mexican Beef Tacos) & Mexican Street Corn - Dec. 11th  
 Jamaican Chicken Bowl w/ Basmati Rice - Dec. 12th  
 Puerto Rican Pernil Sliders & Dominican Moro de Habichuelas Rice - Dec. 19th

*Warm  
 winter  
 wishes*



Petoskey Middle School Lunch Menu 6th - 8th December 2025				
A full student lunch includes a choice of entrée supplying protein and/or grain, (2) two vegetable side dishes & (2) two fruit side dishes & choice of milk. Milk Choice include: 1% Low-Fat White, 1% Low-Fat Chocolate & Skim White.				
Monday	Tuesday	Wednesday	Thursday	Friday
December 1st	2	3	4	5
Beef or Chicken Gyro on WG Flatbread  Tzatziki Sauce  Diced Tomatoes, Cucumbers, Onions  Shredded Lettuce, Feta Cheese  Oven Baked Curley Fries	Cajun Roasted Pork Loin  Sweet Potatoes - Sweet & Spicy  Caramelized w/ Bacon & Sautéed Onions & Chives  WG Cornbread  Seasoned Green Beans	Chicken Parmesan  Spaghetti Pasta w/ Spaghetti Sauce  Shredded Mozzarella Cheese & Parmesan Cheese  WG Garlic Toast  Broccoli	Soft Shell Tacos  Diced Onions & Tomatoes  Shredded Cheese, Guacamole  Sour Cream & Salsa  Black Bean & Corn Salad  Vegetarian Refried Beans	Grilled Chicken Over a Bed of Gallo Pinto Rice (Costa Rican Black Beans & Rice)  Peach Crisp  Seasoned Coveyou Kernel Corn
8	9	10	11	12
Ham & Colby Omelet WG Biscuit w/ Sausage Gravy  Sautéed Onions & Peppers  Sautéed Mushrooms Sautéed Spinach Diced Tomatoes, Salsa & Shredded Cheese  Tater Tots	Japanese Cherry Blossom Chicken  Yakisoba Noodles  WG Breadstick  Herb Roasted Green Beans	Homemade Meatloaf Mashed Potatoes w/ Gravy  WG Pretzel Rod  Herb Roasted Carrots  Citrus Chick Pea Salad	Picadillo Tacos (Mexican Beef Tacos)  Cheese Sauce, Guacamole  Sour Cream & Salsa  Mexican Street Corn  Refried Beans	Jamaican Chicken Bowl Basmati Rice (Made w/ Coconut Milk & Coconut Flakes, Black Beans, Avocado & Mango)  Cabbage Slaw & Pineapple WG Cornbread  Seasoned Coveyou Kernel Corn
15	16	17	18	19
Cheeseburger on WG Bun  Tomato, Lettuce, Onion  Potato Salad  Oven Baked Seasoned Smile Fries	Pepperoni Pizza Pasta  Shredded Mozzarella Cheese  Grated Parmesan Cheese  WG Garlic Toast  Herb Roasted Green Beans	Philly Cheese Steak on WG Sub Bun Shredded Mozz. Cheese  Sautéed Peppers & Onions  Oven Baked Sweet Potato Waffle Fries	Beef & Bean Wet Burrito WG Covered in Enchilada Sauce & Shredded Cheese Diced Tomatoes & Onions, Guacamole  Sour Cream & Salsa  Black Bean & Corn Salad  Refried Beans	Puerto Rican Pernil Sliders (Puerto Rican Pork Roast on WG Hawaiian Roll) Dominican Moro de Habichuelas Rice (Rice w/ Pinto Beans, Tomato Sauce & Seasonings)  Seasoned Coveyou Kernel Corn
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January 5th	6	7	8	9
WG French Toast Sticks  w/ Syrup  Scrambled Eggs Turkey Sausage Patty  Oven Baked Tater Tots	Homemade Beef Lasagna  WG Garlic Bread Caesar Salad Parmesan Cheese  Roasted Italian Vegetables  (Zucchini, Tomatoes, Peppers, Mushrooms & Carrots)	Northmen WG Popcorn Chicken Bowl  Mashed Potatoes Chicken Gravy WG Dinner Roll w/ Jelly  Coveyou Seasoned Kernel Corn	Nacho Meat, WG Tortilla Chips  Cheese Sauce, Guacamole  Sour Cream & Salsa Black Bean & Corn Salad  Refried Beans	Homemade WG Grilled Cheese Tomato Soup WG Goldfish Crackers  Seasoned Carrots
This institution is an equal opportunity provider.				



## Tractor Icon Represents Farm to School Product.



### DAILY Grilled ALTERNATES

WG Chicken Patty on WG Bun WG Mozzarella Sticks w/ Marinara Sauce <b>Vegetable Side:</b> <b>Oven Baked Seasoned Shoestring Fries</b>	Bacon Cheeseburger on WG Bun WG Chicken Corn Dog <b>Vegetable Side:</b> <b>Oven Baked Spiral Fries</b>	Roast Beef w/ Cheddar Cheese Sauce on WG Grilled Chicken on WG Bun <b>Vegetable Side:</b> <b>Oven Baked Crinkle Fries</b>	WG Spicy Chicken on WG Bun Hot Turkey, Ham & Cheese Croissant <b>Vegetable Side:</b> <b>Oven Baked Smile Fries</b>	WG Bosco Sticks w/ Marinara Sauce Cheeseburger on WG Bun <b>Vegetable Side:</b> <b>Oven Baked Seasoned Waffle Fries</b>
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### DAILY Homemade WG Pizza ALTERNATES

Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade WG Meat Lover's Pizza</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade Supreme Pizza w/ Sausage, Peppers, &amp; Onions</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Mozz. Cheese Filled WG Pizza Crunchers w/ Marinara</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade WG Bacon Pizza</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade WG BBQ Chicken Pizza</b>
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### DAILY On-The-Go ALTERNATES

<b><u>Chef Salad</u></b>  Turkey, Ham, Shredded  Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll	<b><u>Turkey Bacon Salad</u></b>  Turkey, Bacon, Shredded  Cheese, Veggies & Croutons & WW Dinner Roll	<b><u>Chef Salad</u></b>  Turkey, Ham, Shredded  Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll	<b><u>Turkey Bacon Salad</u></b>  Turkey, Bacon, Shredded  Cheese, Veggies & Croutons & WW Dinner Roll	<b><u>Chef Salad</u></b>  Turkey, Ham, Shredded  Cheese, Hard Egg, Veggies & Croutons & WW Dinner Roll
<b><u>Turkey BLT Wrap</u></b>  Turkey, Bacon, Colby Jack, Lettuce & Tomato	<b><u>Turkey &amp; Ham Wrap</u></b>  Turkey, Ham, American Cheese & Lettuce	<b><u>Spicy Italian Wrap</u></b>  Ham, Salami, Pepperoni Provolone & Lettuce	<b><u>Grilled Cheese Pepperoni Sandwich</u></b>  Pepp., Chz., Sauce	<b><u>Chicken &amp; Bacon Wrap</u></b>  Chicken, Bacon, Cheddar Cheese & Lettuce
<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll

### DAILY FRUITS AND VEGETABLES - - - Farm Fresh when in Season

Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens
Fresh Carrots	Fresh Broccoli	Hummus	Power Peas	Fresh Carrots
Fresh Green & Red Pepper Strips	Fresh Cauliflower	Fresh Cherry Tomato	Fresh Green & Red Pepper Strips	Fresh Celery
Fresh Squash & Zucchini	Fresh Snap Peas	Fresh Green Beans	Fresh Broccoli	Fresh Green & Red Cabbage
Fresh Watermelon Radish	Fresh Cucumber	Fresh Celery	Fresh Cucumber	Fresh Cherry Tomatoes
Chilled Mandarin Oranges & Pineapple	Chilled Peaches	Chilled Applesauce	Chilled Pears	Chilled Mixed Fruit
Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit

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# Petoskey Middle School Breakfast Menu

6th - 8th

December 2025

A full student breakfast includes a choice of entrée supplying grain & protein, two (2) 1/2 cup side dishes & choice of milk.  
Milk choices include 1% Low Fat White or 1% Low Fat Chocolate or Skim White.

December 1st	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
WG Bagel Filled w/ Strawberry Cream Cheese  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk
8	9	10	11	12
WG Apple Filled Frudel  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Ham & Egg Casserole  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Mini Confetti WG Pancakes  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade WG French Toast Casserole  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Homemade Sausage Gravy Breakfast Pizza  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
15	16	17	18	19
WG Bagel Filled w/ Strawberry Cream Cheese  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk



WARM WINTER  
Wishes

2026

January 5th	6	7	8	9
WG Apple Filled Frudel  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Ham & Egg Casserole  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Mini Confetti WG Pancakes  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade WG French Toast Casserole  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit  1% LF White or Chocolate & Skim Milk	Homemade Sausage Gravy Breakfast Pizza  <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
DAILY ALTERNATES				
REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar

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**December is designated as Latin American Month.**

Latino focuses on the geography of where someone comes from.

This includes people from Latin America including Central America, South America and the Caribbean.

Some fun facts about Latin American:

- Latin American has a population of over 600 million people.
- Spanish was the first European language, preceding English.
- The cowboy hat, rodeos and ranching all have roots in Spanish and Mexican traditions.
- The word "barbeque" comes from the Spanish word "barbacoa" which reflects a blend of Spanish and Caribbean cooking traditions.

**Important Update: School Meals Program**

The Public Schools of Petoskey is committed to preparing and offering farm fresh (when in season) and homemade and healthy meals to all students.

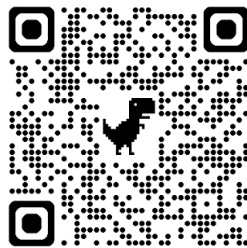
Through June 2026, the Public Schools of Petoskey is utilizing the *Michigan School Meals* program, which provides 1 (one) free breakfast and lunch meal to all PUBLIC SCHOOL students.

**Household Education & Nutrition Benefits Form (formerly the Free & Reduced Application)**

Please take a moment to complete the 100% confidential Household Education & Nutrition Benefits Form online at: <https://petoskey.familyportal.cloud> or scan the QR code below to complete the Household Education & Nutrition Benefits Form.

ONE (1) form per household.

Click, "Apply for Benefits" and complete the information.



If you have any questions, please contact Beth Kavanaugh at: [Kavanaugh.ba.u@northmen.org](mailto:Kavanaugh.ba.u@northmen.org) or (231) 348-2183.