

**Petoskey High School Lunch Menu**  
**9th - 12th**  
**February 2026**



February is designated as Columbian Exchange month.  
 Students will be able to enjoy Columbian Exchange cuisine.

Feb. 11th- Classic Columbian Exchange Cucumber Salad  
 Feb. 17th- Jamaican Chicken Bowl  
 Feb. 27th- Dominican Moro de Habichuelas  
 Mar. 3rd- Trinidadian Chicken Pelau



**HAPPY  
 VALENTINE'S  
 DAY**



A full student lunch includes a choice of entrée supplying protein and/or grain, (2) two vegetable side dishes & (2) two fruit side dishes & choice of milk.  
 Milk Choice include: 1% Low-Fat White, 1% Low-Fat Chocolate & Skim White.

Monday February 2nd	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Grilled Chicken Breast Vegetable Dumplings Yakisoba Noodles WG Breadstick Herb Roasted Green Beans	WG Macaroni & Cheese BBQ Shredded Pork WG Soft Pretzel Rods Shredded Cheddar Chz Grated Parmesan Cheese Seasoned Peas	Chicken Alfredo w/ Spaghetti Pasta Grated Parmesan Cheese WG Garlic Toast Herb Roasted Broccoli Fresh Red & Green Cabbage	Pork Carnitas on WG Tortilla Shell Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa & Black Bean & Corn Salad Refried Beans	WG Boneless Chicken Wings Plain, BBQ or Hot Sauce WG Dinner Roll Scalloped Potatoes Coveyou Seasoned Kernel Corn
9	10	11	12	13
WG Pancakes w/ Syrup Berries & Whipped Topping Scrambled Eggs Turkey Sausage Patty Tater Tots	Teriyaki Beef w/ Brown Rice Soy Sauce (on the side) WG Vegetable Egg Roll WG Fortune Cookie Herb Roasted Broccoli Broccoli, Peppers, Onions & Carrots	Northmen WG Popcorn Chicken Bowl Mashed Potatoes & Chicken Gravy WG Dinner Roll w/ Jelly Coveyou Seasoned Kernel Corn Classic Columbian Exchange Cucumber Salad	Homemade WG Grilled Cheese Tomato Soup OR Chicken Noodle Soup WG Goldfish Crackers Seasoned Carrots	<b>Feb. 13th- No School!</b> Feb. 14th- Valentine's Day! 
16	17	18	19	20
No School!	Jamaican Chicken Bowl Brown Rice w/ Cabbage, Carrots & Pineapple WG Coconut Cake WG Ciabatta Bread w/ Margarine Stir Fry Vegetable	Chicken Parmesan Spaghetti Pasta w/ Spaghetti Sauce Shredded Mozzarella Cheese & Parmesan Cheese WG Garlic Toast Herb Roasted Broccoli <b>Ash Wednesday- WG Fish Patty on WG Bun</b>	Soft Shell Tacos Diced Onions & Tomatoes Shredded Cheese, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Refried Beans	Beef or Chicken Gyro on WG Flatbread Tzatziki Sauce Diced Tomatoes, Cucumbers, Onions Shredded Lettuce, Feta Cheese Oven Baked Curley Fries <b>Lent- WG Fish Sticks w/ WG Dinner Roll</b>
23	24	25	26	27
Ham & Colby Omelet WG Biscuit w/ Sausage Gravy Sauteed Onions & Peppers Sauteed Mushrooms Sauteed Spinach Diced Tomatoes, Salsa & Shredded Cheese Tater Tots	Japanese Cherry Blossom Chicken Yakisoba Noodles WG Breadstick Herb Rosted Broccoli	Northmen WG Popcorn Chicken Bowl Mashed Potatoes Chicken Gravy WG Dinner Roll w/ Jelly Coveyou Seasoned Kernel Corn	Nacho Meat WG Tortilla Chips Cheese Sauce, Guacamole Sour Cream & Salsa Black Bean & Corn Salad Refried Beans	Glazed Chicken Drumstick Dipping Sauce Dominican Moro de Habichuelas Rice (Beans & Rice) WG Dinner Roll Herb Roasted Green Beans <b>Lent- WG Fish Patty on WG Bun</b>
March 2nd	3	4	5	6
Cheeseburger on WG Bun Tomato, Lettuce, Onion Potato Salad Oven Baked Seasoned Waffle Fries	Trinidadian Chicken Pelau Grilled Chicken Breast Over a Bed of Savory & Spicy Rice Parmesan Cheese WG Garlic Toast Seasoned Green Beans	Homemade Meatloaf Mashed Potatoes w/ Gravy WG Pretzel Rod Herb Roasted Carrots Citrus Chick Pea Salad	Beef & Bean Wet Burrito WG Covered in Enchilada Sauce & Shredded Cheese Diced Tomatoes & Onions, Guacamole Sour Cream & Salsa Spanish Rice Black Bean & Corn Salad Refried Beans	Beef Lasagna w/ Mozzarella Shredded Cheese Parmesan Cheese WG Garlic Toast Seasoned Roasted Winter Vegetables <b>Lent- WG Fish Sticks w/ WG Dinner Roll</b>

This institution is an equal opportunity provider.



## Tractor Icon Represents Farm to School Product.



### DAILY Grilled ALTERNATES

WG Chicken Patty on WG Bun WG Spicy Chicken Tenders WG Mozzarella Sticks w/ Marinara Sauce <b>Vegetable Side:</b> Oven Baked Straight Fries	WG Spicy Chicken Patty on WG Bun Grilled Chicken Breast w/ Baked Potato & Sour Cream Bacon Cheeseburger on WG Bun <b>Vegetable Side:</b> Oven Baked Spiral Fries	Chicken Cordon Bleu on WG Bun WG Chicken Corn Dog Philly Cheese Steak w/ Sautéed Peppers & Onions & Swiss Cheese on WG Sub Bun <b>Vegetable Side:</b> Oven Baked Crinkle Fries	WG Spicy Chicken Patty on WG Bun WG Breaded Chicken in BBQ or Hot Sauce w/ WG Dinner Roll Beef, Bean & Cheese WG Burrito w/ WG Tortilla Chips, Salsa & Sour Cream <b>Vegetable Side:</b> Oven Baked Smile Fries	WG Chicken Patty on WG Bun WG Bosco Sticks w/ Marinara Sauce <b>Vegetable Side:</b> WG Onion Rings
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### DAILY Homemade WG Pizza ALTERNATES

Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade WG Meat Lover's Pizza</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade Supreme Pizza w/ Sausage, Peppers, &amp; Onions</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade WG Buffalo Chicken Pizza</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade WG Bacon Pizza</b>	Homemade WG Pepperoni Pizza Homemade WG Cheese Pizza <b>Homemade WG BBQ Chicken Pizza</b>
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### DAILY On-The-Go ALTERNATES

<b><u>Chef Salad</u></b>  Turkey, Ham, Shredded  Cheese, Hard Egg, Veggies,  Croutons w/ WG Dinner Roll	<b><u>Chicken Caesar Salad</u></b>  Diced Chicken, Grated Parmesan  Cheese, Veggies &  Croutons w/ WG Dinner Roll	<b><u>Turkey Bacon Salad</u></b>  Turkey, Bacon, Shredded  Cheese, Veggies &  Croutons w/ WG Dinner Roll	<b><u>Chicken Bacon Salad</u></b>  Diced Chicken, Bacon,  Shredded Cheese, Veggies &  Croutons w/ WG Dinner Roll	<b><u>Chef Salad</u></b>  Turkey, Ham, Shredded  Cheese, Hard Egg, Veggies,  Croutons w/ WG Dinner Roll
<b><u>Turkey BLT Wrap</u></b>  Turkey, Bacon, Colby  Jack, Lettuce & Tomato	<b><u>Turkey &amp; Ham Wrap</u></b>  Turkey, Ham, American  Cheese & Lettuce	<b><u>Spicy Italian Wrap</u></b>  Ham, Salami, Pepperoni,  Provolone & Lettuce	<b><u>Turkey &amp; Bacon Wrap</u></b>  Turkey, Bacon,  Swiss & Lettuce	<b><u>Chicken &amp; Bacon Wrap</u></b>  Chicken, Bacon, Cheddar  Cheese & Lettuce
<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll	<b><u>Berry Yogurt Parfait</u></b>  w/ Granola & WG Dinner Roll

### DAILY FRUITS AND VEGETABLES - - - Farm Fresh when in Season

Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens	Mixed Salad Greens
Fresh Carrots	Fresh Broccoli	Hummus	Power Peas	Fresh Carrots
Fresh Green & Red Pepper Strips	Fresh Cauliflower	Fresh Cherry Tomato	Fresh Green & Red Pepper Strips	Fresh Celery
Fresh Squash & Zucchini	Fresh Snap Peas	Fresh Green Beans	Fresh Broccoli	Fresh Green & Red Cabbage
Fresh Watermelon Radish	Fresh Cucumber	Fresh Celery	Fresh Cucumber	Fresh Cherry Tomatoes
Chilled Mandarin Oranges & Pineapple	Chilled Peaches	Chilled Applesauce	Chilled Pears	Chilled Mixed Fruit
Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit

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<b>Petoskey High School Breakfast Menu</b> <b>9th - 12th</b> <b>February 2025</b>				
A full student breakfast includes a choice of entrée supplying grain & protein, two (2) 1/2 cup side dishes & choice of milk. Milk choices include 1% Low Fat White or 1% Low Fat Chocolate or Skim White.				
February 2nd	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
WG Bagel Filled w/ Strawberry Cream Cheese <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
9	10	11	12	13
Mini WG French Toast w/ Chocolate Chips <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Yogurt Banana Split w/ Granola <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Chocolate Croissant <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Biscuit & Gravy <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	No School!
16	17	18	19	20
No School!	Homemade Ham & Egg Casserole <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Mini Confetti WG Pancakes <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade WG French Toast Casserole <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Sausage Gravy Breakfast Pizza <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
23	24	25	26	27
WG Bagel Filled w/ Strawberry Cream Cheese <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Salsa Breakfast Burrito <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Maple Pancake on a Stick <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Breakfast Bagel Topper w/ Ham, Eggs, Peppers, Onions & Cheese <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Egg & Cheese Breakfast Pizza <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
March 2nd	3	4	5	6
Mini WG French Toast w/ Chocolate Chips <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Yogurt Banana Split w/ Granola <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Chocolate Croissant <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Biscuit</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	WG Biscuit & Gravy <b>OR</b> <b>Egg Sausage &amp; Cheese on WG English Muffin</b> 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk	Homemade Ham & Cheese Quesadilla <b>OR</b> <b>Egg Sausage &amp; Cheese on WG Bagel</b> Assorted Chilled & Fresh Fruit 1% LF White or Chocolate & Skim Milk
DAILY ALTERNATES				
<b>REDUCED SUGAR WG Cereal &amp; WG Cereal Bars: w/ Choice of Hard Egg</b> WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	<b>REDUCED SUGAR WG Cereal &amp; WG Cereal Bars: w/ Choice of Hard Egg</b> WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	<b>REDUCED SUGAR WG Cereal &amp; WG Cereal Bars: w/ Choice of Hard Egg</b> WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	<b>REDUCED SUGAR WG Cereal &amp; WG Cereal Bars: w/ Choice of Hard Egg</b> WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	<b>REDUCED SUGAR WG Cereal &amp; WG Cereal Bars: w/ Choice of Hard Egg</b> WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar
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**February is designated as Columbian Exchange Month.**

**The Columbian Exchange is the name given to the period after Christopher Columbus discovered America in 1492.**

**During this period, people from Africa, Asia, Europe and the Americans began exchanging many goods such as plants, animals and food.**

**The Americans exchanged tomatoes, potatoes, cocoa, corn, beans, vanilla, squash, pineapple, pumpkins & peppers.**

**Africa, Asia and Europe exchanged grapes, onions, turnips, bananas, olives, pears, coffee beans, citrus fruits & animals.**

**This exchange changed people's lives and made the world more diverse and interconnected.**

**Important Update: School Meals Program**

The Public Schools of Petoskey is committed to preparing and offering farm fresh (when in season) and homemade and healthy meals to all students.

Through June 2026, the Public Schools of Petoskey is utilizing the *Michigan School Meals* program, which provides 1 (one) free breakfast and lunch meal to all PUBLIC SCHOOL students.

**Household Education & Nutrition Benefits Form (formerly the Free & Reduced Application)**

Please take a moment to complete the 100% confidential Household Education & Nutrition Benefits Form online at: <https://petoskey.familyportal.cloud> or scan the QR code below to complete the Household Education & Nutrition Benefits Form.

ONE (1) form per household.

Click, "Apply for Benefits" and complete the information.

